

Medaille College
30 Wilson Road
Williamsville, New York 14221

COURSE NUMBER: ADD 200
COURSE TITLE: Introduction to Addictions
CREDIT HOURS: 0

A. Course Description and Format

This is a not-for-college-credit course that has been approved by the New York State Office of Alcoholism and Substance Abuse Services, and meets the required focus of Section One of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). This hybrid course combines time in the classroom with self-study, and provides students with the opportunity to learn about the world of chemical dependency. The course includes two class discussions (one to introduce and another to conclude), and student work to be completed and submitted between the class discussions. Students have the opportunity to earn up to 45 educational hours in this course. According to the requirements of NYS OASAS, the number of hours awarded is based on the successful completion of each outlined component. Tuition covers the course in its entirety. Once the first class begins, tuition is neither refundable nor adjustable for any reason.

B. Goals

The goal of this course is to introduce students to: the basics of chemical dependency, the social aspects of chemical dependency and its treatment, the process of recovery, codependency, family issues, and self-help.

C. Objectives: Upon successful completion of Introduction to Addictions, students will

- Demonstrate satisfactory understanding of the basic tenets of chemical dependency as evidenced in chapter assignments
- Demonstrate satisfactory understanding of the social implications of chemical dependency as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the scope of the problem of chemical abuse and addiction as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the medical model of chemical addiction as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the psychosocial models of chemical addiction as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of addiction as a disease of the human spirit as evidenced in the chapter assignments
- Be exposed to an introduction to pharmacology as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of alcohol, chronic alcohol abuse, and addiction to alcohol as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the problem of chemical abuse among children and adolescents as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of dual diagnosis as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of codependency and enabling as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of addiction and the family as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of evaluating substance abuse problems as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the process of intervention as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the process of recovery as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of chemical dependency rehabilitation as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the problem of relapse as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the pharmacological treatment of chemical dependency as evidenced in the chapter assignments
- Demonstrate satisfactory understanding of the connections between substance abuse and infectious disease as evidenced in the chapter assignments

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- Demonstrate satisfactory understanding of the connections between crime and drug use as evidenced in the chapter assignments
- Have a general knowledge of the debate around legislation regarding chemical dependency as evidenced in the chapter assignments
- Gain exposure to the world of chemical dependency treatment formats as evidenced in journal assignments
- Gain exposure to the world of Self-Help and Twelve-Step models of recovery as evidenced in journal assignments

D. Course Outline

1. Why Worry about Recreational Chemical Abuse?
2. Statement of the Problem of Substance use Disorders
3. The Medial Model of Chemical Addiction
4. Psychosocial Models of the Substance Abuse Disorders
5. Addiction as a Disease of the Human Spirit
6. An Introduction to Pharmacology
7. Introduction to Alcohol: The Oldest Recreational Chemical
8. Chronic Alcohol Abuse and Addiction
9. Hidden Faces of Chemical Dependency
10. Chemical Abuse by Children and Adolescents
11. The Dual Diagnosis client: chemical Addiction and Mental Illness
12. Codependency and Enabling
13. Addiction and the Family
14. The Evaluation of Substance Use Problems
15. The Process of intervention
16. The Treatment of Chemical Dependency
17. The Process of Recovery
18. Treatment Formats for Chemical Dependency Rehabilitation
19. Relapse and other Problems Frequently Encountered in Treatment
20. Pharmacological Intervention Tactics and Substance Abuse
21. Substance Abuse/Addiction and Infectious Disease
22. Self-Help Groups
23. Crime and Drug Use
24. The Debate around Legislation

E. Suggested Text

Doweiko, Harold. Concepts of Chemical Dependency (2008), 7th Ed., Cengage Learning.

F. Course Evaluation: (Students can earn up to 45 educational hours)

- Students will attend both of the (2) four-hour class discussions that begin and end the course (each worth 4 hours)
- Students are responsible for reading 24 assigned chapters of the text, completing, and submitting answers to the online chapter questions. (each successfully completed chapter is worth 1.25 hours)
- Students are responsible to attend at least one open 12-step meeting and one other addictions-related support group meeting and submit a journal entry for each experience (each is worth 2.5 hours)
- Students are responsible for touring an OASAS site and interviewing an addictions staff member regarding trends and treatment, and write a journal entry of their findings (2.5 hours)

G. Grading Criteria:

This is a non-graded, not-for-college-credit course that is worth a maximum of 45 educational hours. Students will receive a certificate of completion reflecting the number of hours within this course that are successfully completed (Maximum of 45)

Attendance: Students are required to satisfy the full four hours of seat time in each class discussion in order to earn full credit for their class discussion hours