

# STUDENTS: If You Have a Suspected or Confirmed Case of Covid-19



## COMMON SYMPTOMS OF COVID-19:

- Fever
- Cough
- Shortness of breath

If you are experiencing any of the above symptoms, or **suspect you have been exposed** to Covid-19, please do the following:

1. Contact your primary healthcare provider.
2. Contact student health services at (716) 880-2155 for further guidance.
3. Self-quarantine for 14 days. This means to stay at home, except to get medical care, and away from others (including household members).
  - If you live on campus and are unable to return home, you will be expected to move into the quarantine area in the North Residence Hall for the required period of time. Please notify Residence Life staff.
4. Notify your academic advisor, who will assist in addressing academic concerns during this time.

## OTHER SYMPTOMS MAY INCLUDE:

- Chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Runny nose
- Nasal congestion
- Nausea/vomiting
- Diarrhea

If you test positive for Covid-19, immediately do the following:

1. Contact your primary healthcare provider.
2. Contact student health services at (716) 880-2155 for further guidance.
3. Self-isolate for a designated period of time in order to prevent the spread of illness. This means to stay at home, except to get medical care, and away from others (including household members).
  - If you live on campus and are unable to return home, you will be expected to move into the quarantine area in the North Residence Hall for the required period of time. Please notify Residence Life staff.
4. Notify your academic advisor, who will assist in addressing academic concerns during this time.

## DURING QUARANTINE OR ISOLATION

- You are required to self-monitor symptoms daily and record your temperature every morning and evening.
- Complete the daily symptom and temperature log at [www.medaille.edu/health# covid](http://www.medaille.edu/health# covid).
- If your symptoms worsen, contact student health services and your healthcare provider.
- If you need immediate medical assistance and are experience life-threatening symptoms, call public safety at (716) 880-2911, or call 911 for emergency assistance. Alert the dispatcher that you have Covid-19 or that you are experiencing symptoms consistent with a suspected case of Covid-19.
- For the purposes of contact tracing, in conjunction with Erie County and the New York State Department of Health, you will be asked for the names of people you have had contact with recently. Individuals who may have been exposed will be contacted immediately, while protecting your confidentiality (will not be given your name).
- Decision to discontinue quarantine or isolation will be made by your healthcare provider, in consultation with local health officials and the Student Health Office.
- You will be allowed to return to campus once you receive medical clearance.